

## Normandale Residents Association

Minutes from AGM 2018 held at St.Aidan's on 28<sup>st</sup> June 2018 commencing 7.30pm.

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<b>Present:</b>	Paul Caygill (Chair), Robyn Caygill, Graham Caygill, Margaret Cousins, John Barnett, Chris Milne, Max Shierlaw, Sandie and Pete Matcham via Skype, Grant Roberts (late)	
	Matthew Lloyd was the speaker.	
<b>Apologies:</b>	Daniel Loader, James Selwood	
<b>Minutes of AGM 2017:</b>	Moved that the minutes of the previous AGM from June 2017 which had been circulated electronically be accepted as a true record.	Paul/Robyn
	Max Shierlaw suggested they be amended to include appointing him as auditor	
<b>Treasurer's Report</b>	Robyn had prepared a written report which is kept with the meeting notes.	Robyn/Paul
	Total assets held \$22,592.07.	
	Appoint Max Shierlaw as auditor again.	Paul/Robyn
<b>Presidents Report</b>	Paul had prepared a written report. He spoke verbally on the main points of his year as president. <ul style="list-style-type: none"><li>• HCC Grant for planting around entrance to beautify Normandale.</li><li>• Tried another approach to the Inorganic Rubbish Collection, having a community recycling day the previous weekend and then asking locals to drop goods to bins rather than collecting. Fewer unwanted goods than expected, a reasonable percentage collected by EarthLink.</li><li>• Continuing to work with Civil Defence via WREMO and his membership on the Western Ward Community Panel (WWCP).</li><li>• Spoke about other work on WWCP.</li><li>• Worked with Predator Free Normandale and Kyokushin Karate Group this year and planning to continue.</li><li>• 64 members of the NRA this year</li></ul>	
<b>Election of Committee Members:</b>		
	President: Paul Caygill	Nominated and seconded Margaret/Chris
	Secretary: Open, and will be co-opted.	Nominated and seconded Margaret/Chris
	Finance/ Treasurer: Robyn Caygill.	Nominated and seconded Margaret/Chris
	Committee members and volunteers: Grant Roberts, Margaret Cousins, Sandie Matcham, Peter Matcham, John Barnett.	

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Formal part of the meeting closed at 7:54pm

Matthew Lloyd gave a very entertaining and informative talk on surviving after a natural disaster.

Main Points:

- While a survival kit and checklists are useful, what is in your head is more useful
- Suggests we all take a first aid course and keep our certificates up to date.
  - Personal injury can kill in minutes
  - Triage if a lot of people: some you can't help, some don't need help – forgive yourself if you can't do everything
  - ABC: airway, breathing, circulation – keep blood in the body
- Hypothermia can kill in hours
  - Keep warm, dry, and be sensible about how tired you are
- You can survive a day without drinking water but after that need about 3L of water per day
  - Sources include: kettle, loo cistern, hot water cylinder, swimming pool, down pipes, solar still, tarpaulin
  - Clean water by boiling, UV, chlorine, bleach, add silver, brass or copper, try pepsi bottle in the sun
- Starvation will eventually kill you
  - Cook your food before it goes off; you could make a stew that you top off with water
  - Carry a little extra fat
  - You can open cans by rubbing folded bit against a kerb
- Lack of sanitation will kill quicker than starvation
  - Practice hygiene
  - Make a composting loo – needs air and you can add compost you've already made
- Lack of communication won't kill you but there are a few useful tips to help keep it going
  - Lithium batteries last longer in your cupboard
  - You can lay out rocks or similar to communicate with air search and rescue
    - V=I require assistance
    - X=I require medical assistance
    - Y=Yes
    - N=No
    - YV=Yes I require assistance
    - NX=No I don't require medical assistance
- We should assume the cellular networks will fail and consider looking into other solutions
- If cellular stays up but power goes down, your car battery is a good source for charging devices
  - Suggests purchasing USB charger for car