

Subscription reminder

You might have seen it in last month's issue, but just a reminder that subscriptions are due. They cover the 2020/2021 year, and are only \$5 per person. And in case you didn't know, your subscription also means that our annual inorganic collection (come November) is free to you as well.

Please pay directly into the NRA bank account:

Bank - Westpac (Petone branch)

Account Name - Normandale Residents Association

Account Number - 03 0543 0200658 00

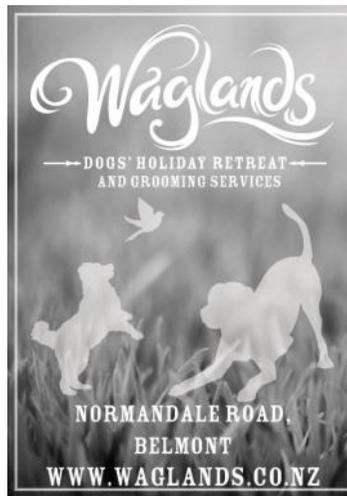
Ensure that you give both your name and partial address - enough to identify who you are in the references.

If you prefer to pay by cash, please send your subscription to: The Treasurer, c/o 17 Pokohiwi Road, Lower Hutt, or contact one of the committee.

Or perhaps you would be keen on setting up a yearly automatic payment to the NRA? Same information as above, but no need to drag out the account number every year.

Normandale Times Online

Your copy of the Normandale Times can also be found online via our website, (see front page) or on Facebook (*Residents of Normandale*) or Neighbourly, if a digital version sounds like it might be more for you.



Word of the month:

Tantivy

- A. a rapid gallop/ride.
- B. being aggressive
- C. an excessive amount
- D. a musical note

Last-month's word:

Rutilant

- D. red/golden glow

NORMANDALE TIMES

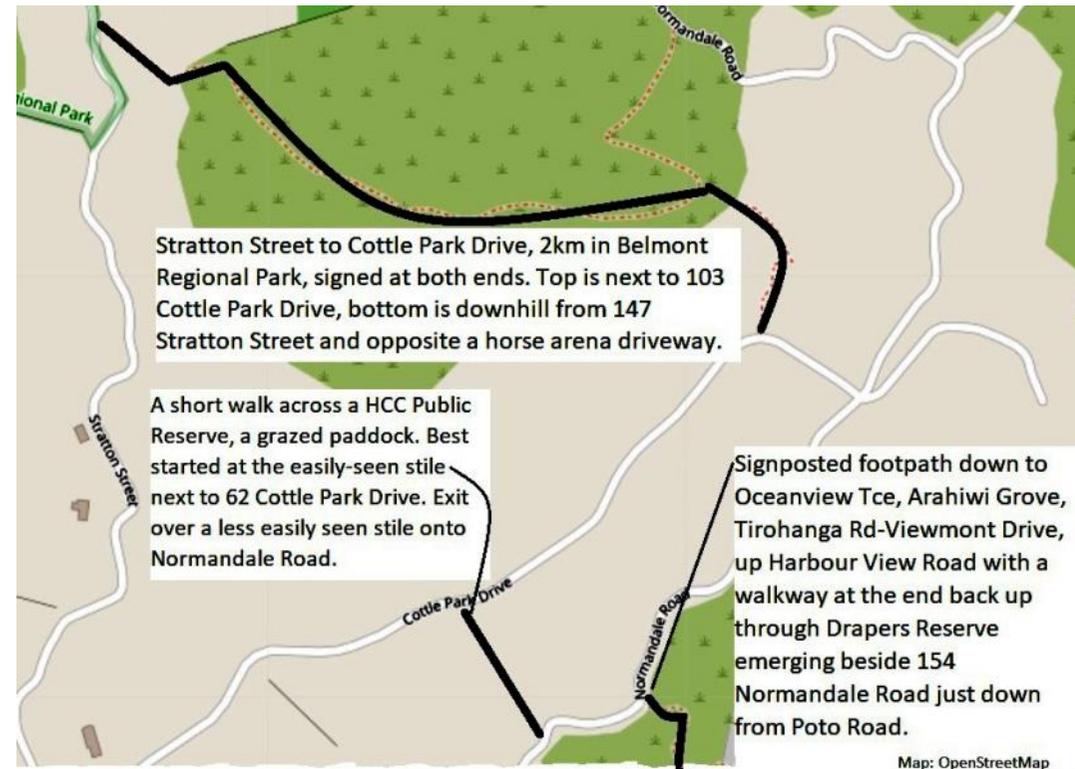
Published by the Normandale Residents' Association



AUGUST 2020

Normandale's Walking Paths

In our May issue, we mentioned how people were exploring walking tracks in Normandale, but how there wasn't a map showcasing them. But now there is! Or at least, the beginnings of a more comprehensive map. Kicking it off, here's some walking tracks in upper Normandale that you might have not yet explored.



DESPERATELY SEEKING!!!

A home for 2 horses! Oh, and their humans as well. If you or anyone you know has something that could suit please contact Cheryl Salt today.

Cheryl Salt

Licensed Real Estate Salesperson

027 448 7747

saltteam@redcoats.co.nz



President: Robyn Caygill

04 566 4130

Editor: Victoria Hunt

Website: www.normandale.org.nz/

Get in touch: ntimes@hotmail.com

Disclaimer: The opinions expressed in this paper do not necessarily reflect those of the committee.

Note: Copy deadline 25th of preceding month.

Next NRA meeting:
17 Pokohiwi Road
Thursday 20th August
7:30pm - all association
members welcome.

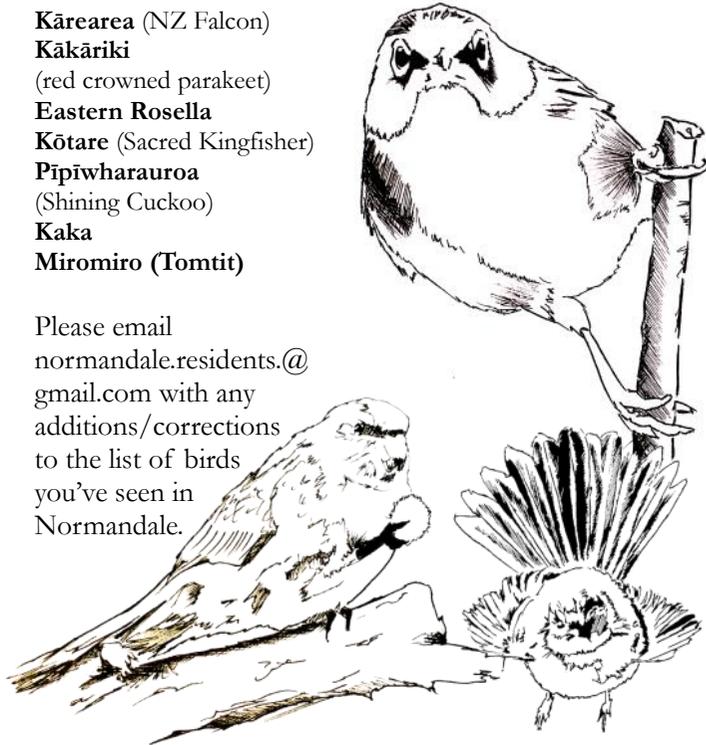
What birds have you seen in Normandale?

Many of us have found more time to notice the birdlife over lockdown, and are keen to (with your help) compile a list of birds in Normandale. The list below is just to kick us off, neither full, accurate, or ordered. Your contributions would help clarify the list, which we'll publish in a future edition.

Tui
Kererū (NZ Wood Pigeon)
Riroriro (Grey Warbler)
Piwakawaka (Fantail)
Ruru (Morepork)
Tauhō (Waxeye/Silvereye)
Korimako (Bellbird)
Harrier
Welcome Swallow
Blackbird
Song Thrush
Starling
House Sparrow
Dunnock
Yellowhammer
Chaffinch
Greenfinch
Goldfinch
Magpie
Spurwing plover
Paradise shelduck
Black-backed gull
Mallard

Kārearea (NZ Falcon)
Kākāriki
 (red crowned parakeet)
Eastern Rosella
Kōtare (Sacred Kingfisher)
Pipīwharau
 (Shining Cuckoo)
Kaka
Miromiro (Tomtit)

Please email
 normandale.residents.@
 gmail.com with any
 additions/corrections
 to the list of birds
 you've seen in
 Normandale.



A sense of community

Last year, those of us on Neighbourly got a message saying that “86% of residents in and around Normandale are keen to know their neighbours better.”. New Zealand was ranked the 8th happiest country according to the UN’s 2020 World Happiness Report, so we were wondering how you (our readers), especially considering current events, were feeling about your place in Normandale. With social connectedness being well known for being strongly correlated to our well-being, we looked at a recent survey about community with the following questions:

How would you describe your sense of belonging to your local community?

Would you say this is a neighbourhood where neighbours help one another?

In the last month, how often did you socialise with your neighbours?

A sense of community is important (particularly now), with people wanting to get to know each other, but perhaps not knowing how to go about it. This year, the Residents’ Association has plans to help foster Normandale’s sense of community, (adding upon events like our Neighbours Day BBQ, our annual Inorganic Collection, to our Santa Parade) so look out for that in our next issue. We really take the feedback we receive from you to heart, and what you’d like to see happen in Normandale is what we’ll try to make happen.

Drop us a line over on our website, www.normandale.org.nz/ or our email ntimes@hotmail.com.

Functional Bodies with Nikki

(formerly of O₂ Exercise)

enjoy reduced pain
 and greater mobility
 with massage and Pilates

P: 021 0234 8292

Facebook:
 functionalbodieswithNikki

Appointments available in
 Petone as well as home
 visits

Experienced female
Painter
Interior, exterior, roof
Gardener
Section tidying, vegetation control—large and small
Catharina 589 0556
Or text 021 0271 7751 and I will phone you

Your local mortgage and insurance expert

I can help with:

- Mortgages
- Purchase & refinance
- Investment loans
- Self-employed
- Insurance



Dhiraj Chhabra
 Adviser/Franchise owner
027 666 3560
dhiraj.chhabra@mikepero.co.nz

ELEMENTS
 landscape solutions

- + your local landscapers
- + all landscape works carried out
- + from concept to completion

Blair 021 586385
elements.landscape@xtra.co.nz

KYOKUSHIN KARATE NZ

Learn Kyokushin Karate in your neighbourhood!

Self-confidence, respect, strength, discipline

First 3 lessons free
 Adults and kids welcome

Where: Wilson Grove
Phone: 021 466 602

For more information see huttvalleydojo.co.nz

exercise
 SUPPORTING YOUR WELLBEING

Based in the Maungaraki Shops.
 We offer Memberships, Weights, Pilates, Yoga, Golden Years Classes, Nutrition Guidance, Personal Training and Massage.

Toni is committed to your success, and welcomes you to join us. Ph:586 4881,
info@o2exercise.co.nz,
www.o2exercise.co.nz

No Job Too Small !
Cutting Edge

Lawns, light landscaping, hedges, pruning, trimming

Owner Operator James Selwood,
 Normandale resident
Contact 589 4717
 or
0274 576 259

