

The Normandale Residents' Association. What you can do.

- ⇒ Join up. Subscription is \$5 per person, and allows the NRA to carry out projects on behalf of the Normandale community. Please pay directly into the NRA bank account: Bank - Westpac (Petone branch). Account Name - Normandale Residents Association. Account Number - 03 0543 0200658 00
- ⇒ Become a committee member.
- ⇒ Help out during special events.

Become the Editor of the Normandale Times

I will need to give up this job during 2014 as I will probably be moving out of the area for my studies. If you are interested we'd like to hear from you. If you've never done anything like this before but would like to learn, I can easily help you out!

Contact: ntimes@hotmail.com

New deliverer wanted!

We need a new Normandale times deliverer for Cottle Park Drive.
Only one day per month with January off.
If interested send an email to:
Ntimes@hotmail.com



Word of the month:

Specious

- A. An area with a large amount of room
- B. Appearing to be true but actually false
- C. An animal bred to belong to multiple species
- D. An item which can only exist once

October's word:

Hebetude

- C. Mental lethargy, stupidity, or sluggishness

NORMANDALE TIMES

Published by the Normandale Residents' Association



The Normandale Residents' Association.

Be part of your community

November 2013

The Normandale Residents Association (NRA) is currently looking for more locals to join us as members, in particular on the committee. If you would like to find out a bit more about us, come along to a meeting or talk to a member.

What do we do?

- Meet together once a month.
- Publish the Normandale Times once a month.
- Clean up Normandale approximately once a year.
- Inorganic Rubbish Collection approximately once a year.
- Make submissions on local and regional activities.
- Work with the council on redesign of public areas (such as Poto Road Corner Reserve).

See the back page for ways you can be part of a great community!

Robyn Caygill



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NORMANDALE

TUIS & TRANQUILITY

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President: Peter Matcham 04 565 1083

Editor: Paul Caygill

Website: www.normandale.org.nz

Email: ntimes@hotmail.com

Disclaimer: The opinions expressed in this paper do not necessarily reflect those of the committee.

Note: Copy deadline 25th of preceding month.

The next NRA meeting will be held on Wednesday 20th of November - all association members welcome. The meetings last from 7:30 till 9:00.

Grandparents Day at Normandale School

Normandale School hosted Grandparents and other significant adults in their children's life. We had several sets of grandparents travel quite a distance, from Tauranga, New Plymouth and the Hawkes Bay. In the senior classes, the adults were shown a little sample of what school is like today: very different to what school was like for them. Many of them had their first experience of an interactive whiteboard. In the afternoon the juniors treated the Grandparents to some lovely singing and folk dancing. It was very special to see the excitement of the students waiting to see their 'special person' and also the pride and smiles shown by the adults.



There were several common threads to the comments: some along the lines of what a wonderful school Normandale was, how exciting the learning was, and what a lovely family-like atmosphere we had. Another comment was that the future generation was growing up very differently than theirs. Our children would be very prepared for their future: our future leaders were in front of them.

The highlight of the day had to be 80 youngsters and an equal or greater number of adults dancing to the chicken dance.



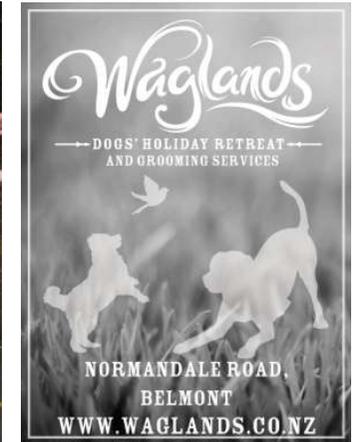
Sports at Normandale School

Normandale School's sports are going from strength to strength. Last season we had four Netball Teams and this season we have an impressive six Touch Rugby Teams starting from Year One students.

Normandale School is also lucky enough to have a solar powered swimming pool where students have the benefit of extra swimming throughout term one and Year Five's and above have the opportunity to join a Waterpolo Team. We have great support and commitment from parents, past students and teachers who coach and manage the sports teams, with teachers and parents also initiating extra practice at lunchtimes.



Normandale Star's Netball Team



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Santa Parade celebrates 30 daylight visits

Normandale's Santa Parade celebrates the 30th time Santa has made a special daylight visit to the suburb on Christmas morning.

Santa delivers gifts by arrangement and there are sweets for everyone waiting at their gates to watch him ride by in his sleigh.

If any youngsters five years and older would like to ride on Santa's sleigh phone Rosemary 586 4180.

Details of the start time and route will be published next month.



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Normandale Playcentre
invites you to its

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Saturday 9 November 9am-12pm

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- * Sausage sizzle *
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Normandale Playcentre
165 Normandale Road, Normandale
Phone 589 1227

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Beauty and Holistic Therapy in Normandale

Janet is an internationally qualified Beauty and Holistic Therapist with over twenty-five years of experience. Many of these years have been spent passing on her knowledge to students in training establishments in both the UK and here in NZ

She has learnt that if stress is managed within our busy lifestyles many of the common ailments that we suffer with are diminished leaving us to be able to live our lives at a more full and relaxed pace.

Janet's vision is to offer specialised and unique Holistic treatments in a relaxing environment to escape to for just a short period of time. The treatments have been used for centuries in many different civilisations of the world and include: Body Massage, Hot stone Massage, Aromatherapy, Reflexology, Indian Head Massage and Hopi Ear Treatments. These treatments treat the body, mind and

spirit leaving you in a state of relaxation, balance and harmony.

Janet is also able to teach baby massage to parents. Massage is a powerful form of communication that can help to develop and strengthen the emotional bond between parent and baby.

Please contact Janet if you have any queries or wish to make an appointment. Appointments booked with reference to this edition of the Normandale Times will receive a 25% discount on their first appointment.

Contact Janet on 0220489108
janetcellagibson@yahoo.co.nz

Receive a relaxing Holistic Treatment in a home environment by an internationally qualified therapist in Normandale.

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Nikki and Reno are committed to your success, if you are then contact us on 586 4881 or info@o2exercise.co.nz