

Want something published?

Got an upcoming community event, local business, service or other community based initiative that you want to spread word about? Please email before the 25th April
ntimes@hotmail.com

No Job Too Small !

Cutting Edge

Lawns, light landscaping, hedges, pruning, trimming

Owner Operator
 James Selwood,
 Normandale resident
 Contact
 589 4717
 or
 0274 576 259



Need help with resource consent applications or submissions?

Contact Jenny on 029-200-3057 or email
jenny.k.grimmett@gmail.com
www.downtoearthplanning.nz



NORMANDALE TIMES

Published by the Normandale Residents' Association



April 2015

Super-city submission

It's that time of year when your committee earns its keep burning the midnight oil reading and commenting on the plethora of documents issued by local Government to welcome the incoming (financial) year. This year to keep us on our toes we have also had the added attraction of the Local Government Commission (LGC) proposals for the Wellington region, and Greater Wellington's Climate change strategy.

By the time you read this I hope to have all our submissions available on our website for you to read at your leisure, but for those of you who would like a brief overview, the following is a summary of our submission to the LGC.

"We rejected the proposed re-organisation of local government in the Wellington Region as unnecessary and contrary to the principles of good governance. We considered that no problem had been identified, and that the proposed changes were, by the Commission's own figures, the costliest and riskiest option. We felt that the proposed structure removed decision making further from the community. We also felt that the regional council was doing a good job in delivering region wide services and as effective Kaitiaki of the environment, and that a move to any form of unitary council would be a retrograde step.

We suggested that an increase in regional planning would be advantageous, especially the development of spatial plans, and that this could be accomplished within the current structure without loss of local democracy."

We will be considering our response to the Greater Wellington and Hutt City Council Long Term Plans at our next committee meeting, and if anyone would like to come along and express an opinion you would be more than welcome.

Pete Matcham – President, Normandale Residents Association

Based in the Maungaraki shops, we offer weights, pilates and yoga, nutrition plans, massage, personal training . . .
 Nikki and Reno are committed to your success, if you are then contact us on 586 4881 or
info@o2exercise.co.nz

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 Chrissy Kibblewhite 619 1042
 Email saltteam@redcoats.co.nz

NORMANDALE



In this YOUR CAT?

This black & white female cat has been living at a Poto Rd residence in the evenings and nights. She seemed hungry and scared to start with. She goes away and is scarecely seen during the day so wondering who she really belongs to? **Please contact Escha if you know this cat.**

eschagallery@hotmail.com or 04 5866845

Introducing – Dr. Sally van Vuuren

From time to time, many of us need a little help and support in life. Dr. Sally Jansen van Vuuren is a qualified, experienced, confidential counsellor, based in Normandale, who works with people of all ages (including children) and from all walks of life. Sally is passionate about helping her clients make positive changes in their lives and encouraging them to reach their full potential, and brings caring, sincerity and respect to her practice.

Sally ensures her clients feel safe and comfortable to tell their story. Trained in a range of therapeutic approaches, Sally works with you to find the right approach for your personality and situation. Common issues that Sally works with include:

- Anxiety and/or Depression
- Bullying (at work or at school)
- Isolation and loneliness
- Family break-ups
- Grief and Loss, including the loss of a treasured pet.
- * Work Stress
- * Low self-esteem
- * Relationship Issues

Sally also provides a career counselling services that includes support with career selection, career change and transition, help with creating a professional CV and application letter, as well as preparing for interviews and psychometric testing.

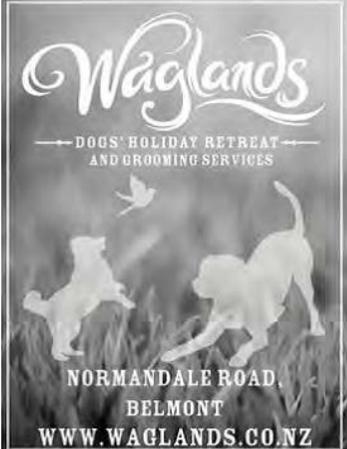
Sally has a PhD and business degrees from Victoria University, and a Masters degree in Counselling from Massey University.



Dr Sally Jansen van Vuuren
PhD, M.Counselling, BCA (Hons), B.IT, ProvMNZAC

For experienced, professional, caring counselling services in Normandale, Lower Hutt, Wellington

022 637 2651
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Waglands
— DOGS' HOLIDAY RETREAT AND GROOMING SERVICES —

NORMANDALE ROAD, BELMONT
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Western Hills Toy Library

Maungaraki Community Centre
 Monday evenings 7.30 - 8.30pm
 Friday mornings 9.30 - 11.30am
 Saturday mornings 9.00 - 12.00pm

Maungaraki OSCAR
Before and After School Care
 Heather - 0211331608
www.maungaraki-oscar.co.nz
info@maungaraki-oscar.co.nz



Normandale Playcentre has spaces available on our little kid session held Friday from 9.15-11.45am.

Get to know your local community.

Sessions are for children up to 2.5 years. (Mixed aged sessions are also held Mon, Tues & Thurs).

Your child will play together with you and other adults, and engage in a wide range of learning experiences.

You are invited to have 3 free visits with us.

Please call 04 589 1227 for more information.

NORMANDALE RESIDENTS ASSOCIATION

President: Peter Matcham
 Editor: Anna Corbin
 Website: www.normandale.org.nz
 Email: ntimes@hotmail.com

Disclaimer: the opinions expressed in this newsletter do not necessarily reflect those of the committee.

The next meeting of the NRA will be held at St Aidan's Church on Wednesday 15th April 2015 at 7.30-9pm. All association members welcome