

A H F G I K S A F E T Y M O Q
 S E M E R G E N C Y U W Z Y A
 B L D F H E J M O R V Y B D E
 T I G J K L P S E N O Q G R T
 S C F H I P E A A D B Y N X V
 F O O D B W C E R S Z A I W J
 L P Q R A T U O T E X Q N K I
 A T Z T A M N P H R S A R A H
 S E E V O B L W Q K J V A E G
 H R A D I O K S U L T U W D F
 L U T C D I J T A G H S R B C
 I M O U T A G E K F M R E A D
 G X P S D F Z H E E N Q M O V
 H N Q R V I J G U B O P O Q U
 T W M L K R I F Z A A L Z P T
 K L N Y E S H E V W F I R E B
 G H I W J T F G A L E D X C O
 I L V E F A E V A C U A T E D
 C F H A P I C B N O R S W Y A
 A Z W T U D M W A G J K M U X
 P L E H A K C E G I K L N P Q
 R T V E X I C O M M U N I T Y
 P N L R E T L E H S J H E D B

Be prepared Normandale!

Find the names of some of the things you would see/need/hear about in an emergency.

- EMERGENCY
- HELICOPTER
- RADIO
- PREPARE
- EARTHQUAKE
- FOOD
- FLOOD
- WREMO
- WATER
- FLASHLIGHT
- FIRST AID KIT
- EVACUATE
- SHELTER
- WEATHER
- HELP
- SAFETY
- WARNING
- FIRE
- OUTAGE
- COMMUNICATION

NORMANDALE TIMES

Published by the Normandale Residents' Association



MARCH

NORMANDALE WREMO DRILL

- × Saturday 1st April × 11am - 1pm
- × St Aidans on the Hill
- × Pizza lunch provided



WREMO (Wellington Region Emergency Management Office) are responsible for coordinating Civil Defence and Emergency Management Services on behalf of the nine councils in the Wellington Region. Their key focus is ensuring our communities are prepared and ready to respond in the event of an emergency, such as earthquakes, flooding, landslides and tsunamis.

On Saturday 1st April, the Normandale Residents' Association, in collaboration with WREMO will be holding a Community Crisis Response Drill at St. Aidans on the Hill. The drill will run from 11am to 1pm, with a pizza lunch in between. For the drill to be successful, a good community turn out with people from all walks of life are needed. **Normandale residents are highly encouraged to attend.** You will learn how to run a community Emergency Hub, how to operate the emergency communications radio, how to survive for five days without outside help and about the emergency water supplies.



**WELLINGTON REGION
EMERGENCY MANAGEMENT**

OFFICE

President: TBA normandale.residents@gmail.com
 Editor: Victoria Hunt
 Website: www.normandale.org.nz
 Get in touch: ntimes@hotmail.com

Disclaimer: The opinions expressed in this paper do not necessarily reflect those of the committee. ***Note:** Copy deadline is the 25th of preceding month.

Next NRA meeting:
 Thursday 16th March
 7:30pm at St Aidans
 on the Hill- all
 association members
 welcome.

ReBoot

BOOTS FOR KIDS IN NEED

Kids grown out of their boots?
 Drop them in to our office and we'll make sure a child in need receives them next season.

CK & CO
REALTY



CK&Co Realty, 97 Victoria Street, Alicetown

Wine Club

The opportunity to taste wines from many lesser-known grape varieties will be a highlight for the Western Hills Wine Society this year.

The society meets in the Maungaraki Community Centre supper room on the first Wednesday of the month. It aims to give locals an introduction to New Zealand and overseas wines in a friendly and fun environment. The format makes it easy for visitors to attend alone or with friends.

President Michael Kuus says “over the past 40 years New Zealand has been part of the global wine revolution and internationally punches way above its weight. If you are still wondering what all the fuss is about you should attend a meeting (or more) and experience a variety of wine types and styles in a very friendly and informal environment. Or, if you are already a convert, then the club provides an ideal opportunity to increase your exposure to different wines.”

The meetings, 7.30pm for 8pm, are covered by a liquor licence. Visitors 18 and over are always welcome. Admission is \$15 per person.

Inquiries are to Rosemary at 586 4180, or via email at rvnmclennan@gmail.com



Word of the Month:

Vitriol

- A. bitter criticism
- B. seperated liquids
- C. ashamed
- D. ballet position

Last month's word:

Bucolic

- C. country life

Poto Reserve Working Bee

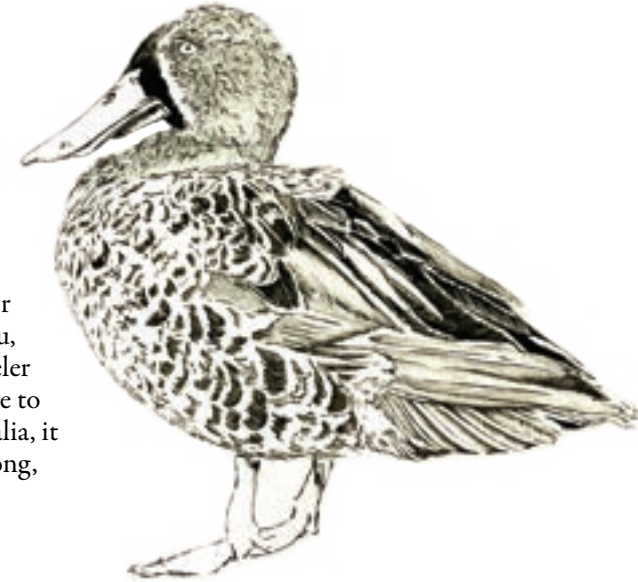
Saturday 8th April
9am - 12pm
Poto Rd Reserve

The NRA will be having a working bee at the Poto Road Reserve, from 9 am to 12.00 noon on Saturday 8th April. The plants and vegetation at Poto Rd Reserve are in need of some significant gardening maintenance. Normandale residents are encouraged to come along with their gardening tools and help out if they can. It will also be a good opportunity to meet up with fellow residents.



BIRD OF THE MONTH

The bird of the month for March is the kuruwhengu, or the Australasian shoveler (*Anas rhynchos*). Native to New Zealand and Australia, it is named because of its long, broad scoop-shaped bill.



KYOKUSHIN KARATE NZ

Learn Kyokushin Karate in your neighbourhood!

Self-confidence, respect, strength, discipline

First 3 lessons free
Adults and kids welcome

Where: Wilson Grove
Phone: 021 466 602

For more information see huttvalleydojo.co.nz

Clear View Treecare

- Free quotes
- Tree trimming
- Hedge trimming
- Stump grinding
- Lawn mowing

"Your one stop property maintenance specialist"

0274 440 339
clearviewarborists@gmail.com

o2 exercise
SUPPORTING YOUR WELLBEING

Based in the Maungaraki Shops. We offer Memberships, Weights, Pilates, Yoga, Golden Years Classes, Nutrition Guidance, Personal Training and Massage.

Toni is committed to your success, and welcomes you to join us. Ph:586 4881,
info@o2exercise.co.nz,
www.o2exercise.co.nz

Waglands
— PETS' HOLIDAY RETREAT AND GROOMING SERVICES —

NORMANDALE ROAD, BELMONT
WWW.WAGLANDS.CO.NZ

Emergency Water

Residents are encouraged to have their own personal emergency water supply at home. You need approximately 3L of drinking water for each household member per day. You will need around 1L of water for each of the following: washing, food and cooking for each meal, and washing dishes after a meal. This is as advised by the Ministry of Health when preparing for an emergency.

In the event of an emergency, if water supplies are disrupted it is possible that households may be without water for upwards of 8 days.