H S K N LEYUAHE RAAHGNTH S T COSTUNA

CELEBRATING MAY

Find some of the celebration/awareness days happening in the month of May.

- TUNA (2nd)
- PRESS FREEDOM (3rd)
- STAR WARS (4th)
- AFRICAN WORLD HERITAGE (5th)
- VESAK (5th)
- CINCO DE MAYO (5th)
- LAUGHTER (7th)
- THALASSAEMIA (8th)
- OVARIAN CANCER (8th)
- LAG BAOMER (8th)
- LUPUS (10th)
- NURSES (12th)
- MIGRATORY BIRD (13th)
- INTERNATIONAL HUMMUS (13th)
- MOTHERS (14th)
- DAY OF LIGHT (16th)
- HYPERTENSION (17th)
- PINK SHIRT (19th)
- SHERLOCK HOLMES (22nd)
- PALOMA (22nd)
- TURTLE (23rd)
- BURGER (24th)
- THYROID (25th)
- PENTECOST (28th)
- LOOMIS (30th)

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NORMANDALE TIMES

Published by the Normandale Residents' Association

MAY 2023

Normandale WREMO Exercise



There was a good turnout from Normandale residents for the recent WREMO presentation. Included in the presentation were discussions and participation in a scenario role playing setting up a Civil Defence Hub at St. Aidan's on the Hill post emergency. The WREMO local area coordinator, James North, presented, answered questions, and co-ordinated the scenario that Normandale residents carried out. About 40 people attended and there was enthusiastic participation by all involved.

A few pointers highlighted by the practice include:

 Plan on having your own household water supply for at least seven days.

Above: Normandale residents role playing setting up the Defence Hub.

- Emergency food is nice to have, but a water supply is essential.
- Post emergency, first look after your own safety and needs of those in your household.

(cont. over pg)

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Disclaimer: The opinions expressed in this paper do not necessarily reflect those of the committee. ***Note:** Copy deadline is the 25th of preceding month.

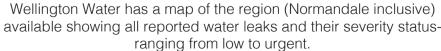
Next NRA meeting: Thursday 18th May 7:30pm at St Aidan's on the Hill- all association members welcome.



Above: WREMO local area coordinator James North explaining the scenario to residents.

- Next check the safety and needs of your immediate neighbours.
- Next check the safety and needs of others in your street, especially elderly people living by themselves.
- Then go to your emergency hub if you need additional help or are available to provide help.
- The emergency hub has a CB radio to contact the WREMO regional headquarters in the rooms above the Crooked Elm Pub, situated opposite the Hutt City Council building (30 Laings Rd).
- Initial Civil Defence will rely on local residents being resilient and looking after themselves.
- The emergency hub is designed to enable co-ordination of local residents to support themselves and their suburb.

CHECK OUT WATER LEAKS IN YOUR AREA



You can see this information on their website:

www.wellingtonwater.co.nz/resources/maps/job-status-map/

Normandale Residents' Association: Annual General Meeting- 15th June

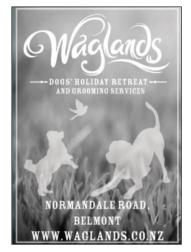
At the Normandale Residents' Association's upcoming Annual General Meeting, nominations will be open for positions on the committee. All Normandale residents are encouraged to consider putting themselves forward for these roles. More details on the event will provided in next month's issue.

Car security in Normandale



There have been a few car break ins and vehicle thefts in the neighbourhood recently. Police do advise residents of a few basic things to remember to curb opportunistic theft.

- Keep car windows and doors locked.
- Do not leave valuables in your car where they can be seen from the outside if possible park your car in a lockable garage.
- Do not leave your garage door open when you are not there.
- Do not leave valuables lying around outside your house, take them inside.





Word of the Month:

Volant

- A. upright position
- B. fly or guide
- C. shade of green
- D. fencing stance

Last month's word: Symbiotic

C. mutually beneficial



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