

Normandale's Roads

Find the names in the grid of the roads listed below.

E	L	A	D	N	A	M	R	O	N
K	R	A	P	E	L	T	T	O	C
I	Z	O	Y	W	K	R	S	K	A
O	W	D	R	B	I	T	K	G	X
T	Y	I	T	I	R	L	N	X	M
O	D	D	H	A	M	A	S	P	Q
P	R	R	T	O	K	O	G	O	T
Z	Y	T	W	E	K	L	R	K	N
X	O	X	P	X	Z	O	V	I	Z
N	T	J	D	P	R	P	P	R	M

Normandale
Miromiro
Pokohiwi
CottlePark

Stratton
Poto
Pekanga
Wilson



Word of the month: Monograph

- A. Detailed study of single specific subject
- B. Pie graph
- C. Linear equation
- D. Mathematical model for population growth

Last-month's word: Plebeian

- C. People of the lower classes

No Job Too Small !

Cutting Edge

Lawns, light landscaping, hedges, pruning, trimming

Owner Operator James Selwood, Normandale resident
Contact
589 4717
or
0274 576 259



NORMANDALE TIMES

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July 2017

Emergency response

Civil Defence Service

Ashleigh Brown from WREMO talked at our meeting last month about Civil Defence in Normandale. New Zealand Civil Defence has seen some changes to the way they work. We will be sharing information on the current service in the coming months. If you want to know more go to: www.getprepared.org.nz.

St Aidan's on the Hill is your local Civil Defence Community Emergency Hub. This means that St Aidan's will be a gathering place should we have an emergency. It is not, however, a place where you can go to get stuff. No supplies are stored there, only advice on what to do and stationery to record information as we as a community gather details of hazards and people needing help.

Water

In the event of emergencies water can be in short demand. Rain water is relatively clean and can be a useful addition to any emergency supplies you have. The council is selling 200 litre containers like the one on the right:



Water containers are currently available from the i-SITE Visitor Centre at 25 Laings Road, Lower Hutt. The 200 litre water tanks come in two colours and cost \$105 and come with the fittings you see in the photo. They also have Grab and Go Bags for 1 person for just \$60 while stocks last! You can ring the i-SITE at 04 560 4715 to place an order.

Salt Speak

People often ask "when is the best time to sell?" Our answer is always the same—today.

In winter we have more buyers than stock and because of limited stock, buyers make decisions faster for fear of missing out. In summer, the stock levels rise and buyers take much longer to decide.

However, a well presented home with a motivated vendor will sell anytime.

Normandale and Maungaraki always fetch good prices due to the location, schooling etc. Our local primary school is a real draw card of which we should all be proud, So when's the best time to sell?

Now!

Cheers from your local agents, Cheryl and Chrissy,



saltteam@redcoats.co.nz | 04 569 0768 | 027 448 7747

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Disclaimer: The opinions expressed in this paper do not necessarily reflect those of the committee.

Note: Copy deadline 25th of preceding month.

The next NRA meeting will be held at St Aidans church on Wednesday 20th of July - all association members welcome. The meetings last from 7:30 until 9:00.

SUBSCRIPTIONS ARE DUE

Subscriptions for the NRA are due now and cover the 2017/2018 year. Subscription is \$5 per person and allows the NRA to carry out projects on behalf of the Normandale community.

Please pay directly into the NRA bank account:

Bank - Westpac (Petone branch)

Account Name - Normandale Residents Association

Account Number - 03 0543 0200658 00

Ensure that you give both your name and partial address - enough to identify who you are in the references.

If you prefer to pay by cash or cheque, please send your subscription to: The Treasurer, c/o 17 Pokohiwi Road, Lower Hutt, or contact one of the committee.

Thank you to those who pay and have paid, we appreciate it. All Normandale residents are eligible.

Meet the candidates

The Maungaraki Community Association is planning to hold a Meet the Candidates evening so residents can put questions to the candidates for Hutt South in this year's general election. It will be held in the Maungaraki Community Centre on 15th August 2017, from 7:30-9:00pm. Consider coming along!

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- + from concept to completion

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aspire4learning@gmail.com
Bookings are open for Term 3
ASPIRE TO YOUR POTENTIAL

Distribution list

We are thinking of providing a new service to the residents that subscribe.

If you would like us to contact you directly about any activities, email us your details to the Normandale Times email address: ntimes@hotmail.com to be added to our emailing list.



TAI CHI AND QI GONG
IN PETONE

Tai Chi is a gentle form of exercise that can help maintain strength, flexibility, and balance.

Come and try it at the Wellington School of Tai Chi Chuan – first class is free.

Address: Halford Place (River end of Jackson Street) Petone.

For further information call: Hettie 027 525 5720 or go to www.taichi.net.nz



Based in the Maungaraki shops, we offer weights, pilates and yoga, nutrition plans, massage, personal training . . .

Nikki and Reno are committed to your success, if you are then contact us on 586 4881 or info@o2exercise.co.nz

Free Financial Advice

Are you finding it hard to keep up with your family's growing financial needs? Wondering how you can plan and save for your family's future?

Come along to CAPMoney and learn a simple, easy to follow and implement system for managing your money. The three sessions are free and suitable for all ages and stages of life (max 8 people per session).

You get ongoing access to your own private online budgeting tool to make it easy. This is not heavy financial advice and you will not be asked to disclose your personal finances.

Where: Upstairs above auditorium at Maungaraki Baptist Church 164 Dowse Drive.

When: Thursdays August 17, 31st and Sept 7 at 7.00pm OR Fridays 18 August and Sept 1 and 8 at 9.15am (sessions approx. 2 – 2.5 hrs long)

Register by finding our course at capmoney.org or phone CAPMoney Coach Nicola Fraser 5867048

How to safely store water (From 'getprepared.org.nz')

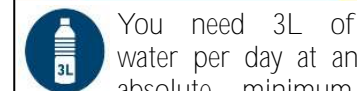
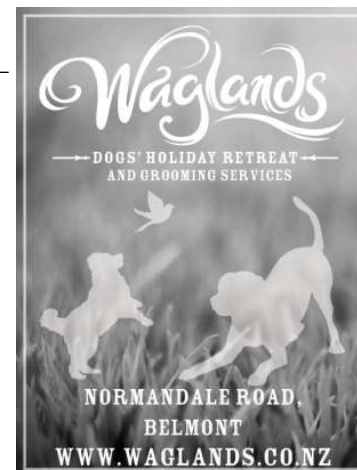
You'll need:

- ◆ water storage containers (with enough water for your family for seven days, we recommend having 20 litres per person per day – so 140 litres for every person in your household)

- ◆ water purification tablets or unscented bleach

What to do:

- ◆ Fill your water storage containers with chlorinated tap water
- ◆ Add purification tablets or bleach (2 drops of bleach per litre) to the water - not essential but this helps it last longer
- ◆ Write the date that you filled your containers on each container - this will help you remember when to replace the water
- ◆ Store your water in a cool dark place – preferably in a place that will be easy to access after an earthquake
- ◆ Replace your water every 12 months



You need 3L of water per day at an absolute minimum. WREMO recommend 20L of water per person per day. But you still can't have a shower with this!